

WILD WEASEL WEEKLY WRAP-UP



- ◆ Updates
- ◆ News
- ◆ Events

...and more!

15 October 2021

UPDATES

COVID-19 MITIGATION UPDATE

A. MAB COVID-19 Directive and MAB Hot Spot Annex

The most up-to-date documents are on the Misawa COVID-19 Information page. Use QR Code/link to navigate to the page.

B. Health Protection Condition Alpha (HPCON A)

Effective immediately, Misawa Air Base is now in Health Protection Condition Alpha (HPCON A).

The change from HPCON B to HPCON A was directed due to the following factors:

- low averages of local COVID cases
- sustained downward trajectory of documented COVID cases in the local community
- local hospital and treatment facilities capacity
- increased vaccinate rates on and off base, and
- low overall risk to the local community

The following Misawa Air Base COVID policy changes are effective immediately:

- There are currently no travel restrictions throughout Japan (all areas are white).
- Fully vaccinated personnel are not required to wear a mask on base, except while in the base hospital, AMC terminal, DoDEA facilities, and JASDF facilities.
 - ◇ All personnel, regardless of vaccination status, are still required to wear a mask while off base.
- Fully vaccinated personnel are no longer required to wear a mask while in close proximity to local national.
- Fully vaccinated personnel are authorized to visit bars, clubs and karaoke establishments throughout Japan.
- Unvaccinated personnel are only authorized to visit bars, clubs and karaoke establishments in Misawa City at this time.
- Previously established group size restrictions on and off base were rescinded/removed.
 - ◇ Personnel must abide by local off base establishment restrictions, if any exist.
- Previously established occupancy limits in restaurants, movie theaters and gyms were rescinded/removed.

The updated Misawa AB COVID-19 Directive and Weekly Hot Spot Annex will be available on the official website <https://www.misawa.af.mil/COVID-19-Information/>. See the new On and Off Base Activity Guide below. Base personnel are encouraged to continue social distancing, mask wearing while exhibiting flu like symptoms, and adhering to other CDC recommended COVID mitigation best practices to help us keep our on and off base community safe.



C. The MAB COVID-19 Directive was updated 15 Oct 2021.

See below for significant changes. Visit the Misawa COVID-19 Information page to read the full Directive.

1. Mask Wear Guidance

- Vaccinated members no longer required to wear a mask when in close proximity to local nationals on base.
- No change to off-base mask wear guidance.
- No change to unvaccinated mask wear guidance.
- All members regardless of vaccination status required to wear masks when entering JASDF and DoDEA facilities.

D. The MAB Weekly Hot Spot Annex was updated 15 October 2021

In accordance with Misawa AB Policy

**MASKS ARE NOT
REQUIRED FOR
VACCINATED
PERSONNEL
IN THIS
FACILITY**





MISAWA COVID-19 DIRECTIVE: WEEKLY HOT SPOT ANNEX

EFFECTIVE AS OF: 15 Oct 2021

Changes are highlighted in YELLOW



The stipulations below are IN CONJUNCTION with the "Misawa Air Base COVID-19 Directive."

ON-BASE LIBERTIES

- Groups larger than 50 people that include people from outside of the Misawa AB community or indoor events that will exceed 50% of the meeting space capacity need approval from the coordinator's unit commander

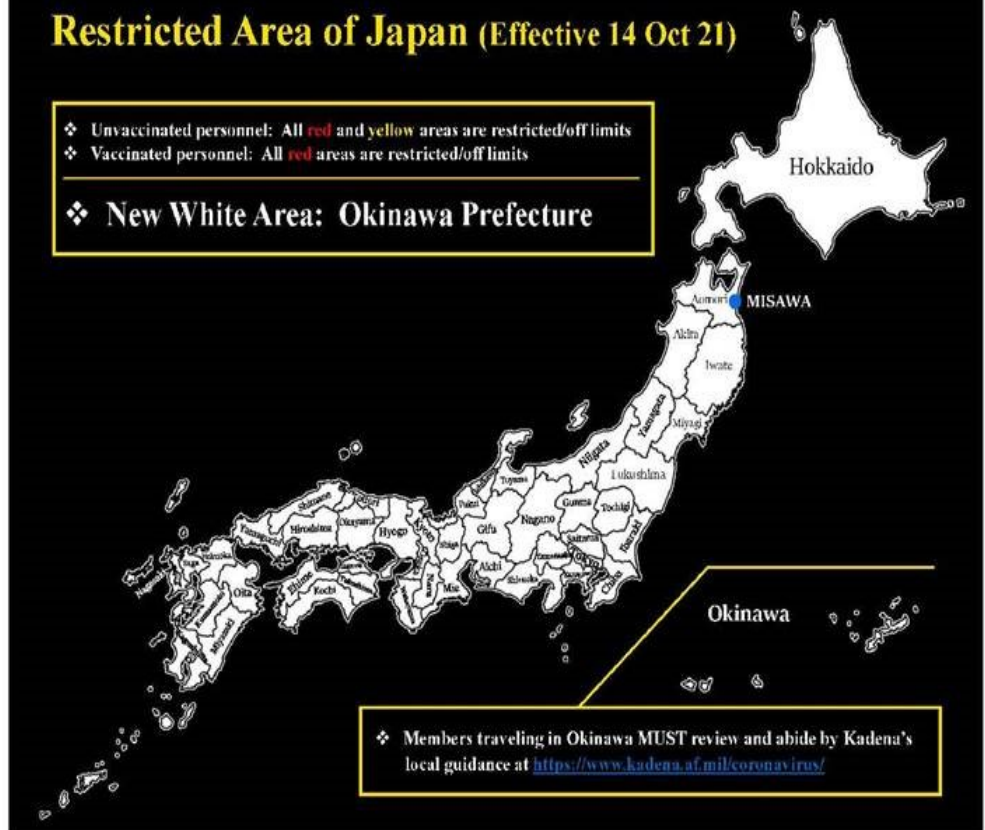
OFF-BASE LIBERTIES

- Maximum groups of 50 people or 50% of meeting space capacity, whichever is less, unless approved by the coordinator's unit commander
- Groups larger than 50 people will follow local area restrictions for the facility.
- Unvaccinated Misawa members are **AUTHORIZED** to visit locations that are not listed as restricted in the map, Vaccinated members may visit the restricted yellow areas but not red areas:
 - Off base restaurants (subject to the following limitations):
 - If occupancy remains at 50% capacity or less of the maximum capacity for dining in the restaurant
 - Delivery and carry out are approved
 - Movie theaters/cinemas when the occupancy of the site does not exceed 50% and social distancing can be maintained
 - Tattoos shops, massage shops, and onsens
 - Off installation gyms/fitness centers within Misawa City limits and facilities within close proximity of personal residence.
 - Amusement/theme parks where COVID-19 mitigation measures are in place and maintained (social distancing and mask use enforcement).
 - Travel to Yellow areas for unvaccinated personnel will require unit leadership approval and a 14-day ROM on return. (7-day Residential ROM followed by a 7-day Installation ROM)
- Misawa members are **RESTRICTED** from the following locations if COVID-19 mitigation measures cannot be met or are not enforced:
 - Festivals, flea markets, concerts, festivals, and events with high density crowds or mass gatherings, or any facility with a potential for crowds, close contact, or closed spaces.
- Unvaccinated Misawa members are **RESTRICTED** from the following at **ALL TIMES and LOCATIONS**:
 - Bars, nightclubs, karaoke clubs, and social clubs
 - EXCEPTION: Fully vaccinated Unvaccinated** members are allowed to visit bars, nightclubs, karaoke clubs, and social clubs within Misawa City if the location's occupancy is not at greater than 50% capacity

Restricted Area of Japan (Effective 14 Oct 21)

- Unvaccinated personnel: All red and yellow areas are restricted/off limits
- Vaccinated personnel: All red areas are restricted/off limits

New White Area: Okinawa Prefecture



CONTACT INFO

Misawa Medical COVID Hotline: 226-6555/5575 (0176-77-6555/5575); usaf.misawa.35-mdg.mbx.covid-hotline@mail.mil
Misawa COVID Support Cell: 226-2082 (0176-77-2082)
Misawa Air Base Facebook: <https://www.facebook.com/MisawaAirBase/>



On and Off-Base Activity Guide

Allowed Activities



For Traveling

Please refer to the Restricted Area of Japan Map



- Fully vaccinated personnel are not required to wear masks on base, except while in the hospital, AMC terminal, DoDEA facilities or JASDF facilities
- Fully vaccinated are no longer required to wear masks near local nationals on Misawa AB



Restricted Activities



- All personnel required to wear masks Off-Base
- Closed spaces where COVID prevention measures cannot be maintained
- Refer to Misawa Air Base COVID-19 Directive for additional information

As of: 14 Oct 21

The vaccines and mitigation measures help us stay considerably safer, but they are not 100% effective in preventing COVID. If you return from travel and develop symptoms, immediately report them to MDG COVID hotline at DSN 226-6555 / Comm 0176-77-6555 to obtain guidance on COVID testing.

In accordance with Misawa AB Policy

MASKS ARE REQUIRED

FOR ALL

PERSONNEL IN THIS FACILITY



MISAWA ROM GUIDANCE

See the below graphic for details about ROM and the Misawa AB ROM Handbook additional details:

[https://www.misawa.af.mil/Portals/41/documents/COVID19/MAB%20Newcomers%20ROM%20Handbook%20\(May%2021\)%20v3.pdf](https://www.misawa.af.mil/Portals/41/documents/COVID19/MAB%20Newcomers%20ROM%20Handbook%20(May%2021)%20v3.pdf)



MISAWA ROM GUIDANCE ENTERING JAPAN

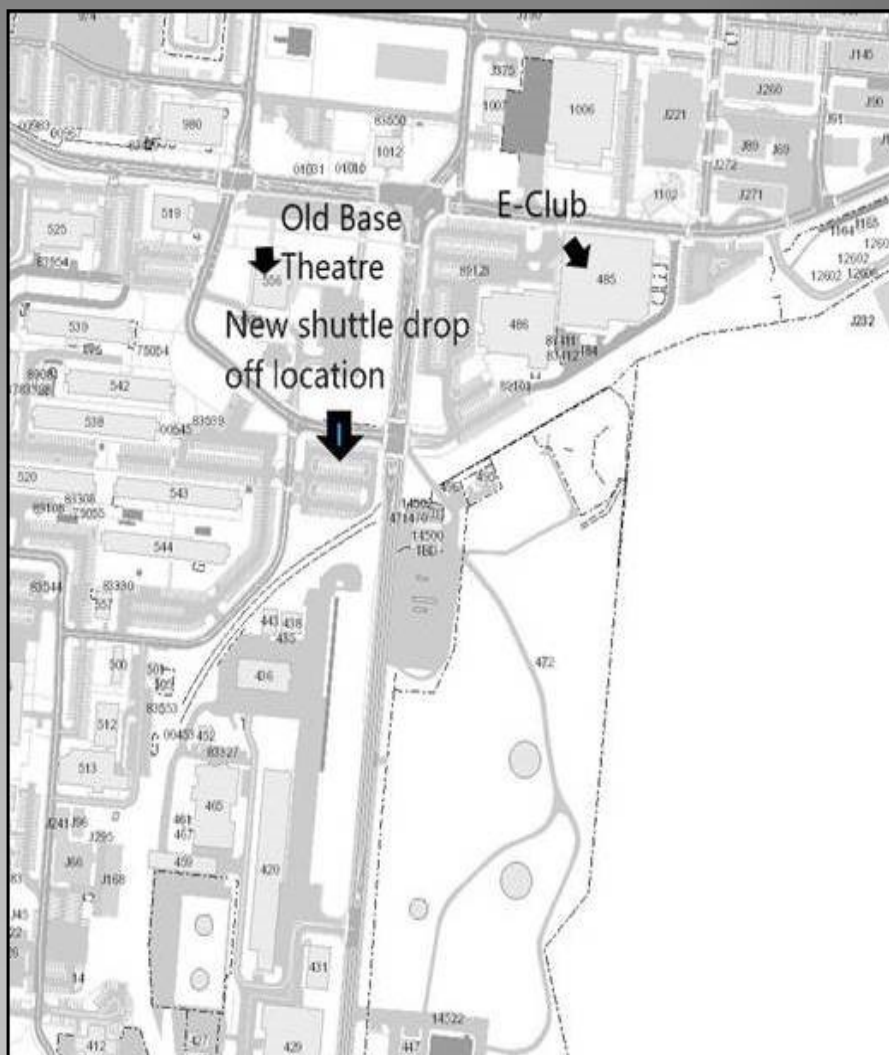
Vaccinated Individual	Unvaccinated Individual	Vaccinated Traveler	Unvaccinated Traveler
Vaccinated Individual Traveler			
0 days restricted to residence	10 days restricted to installation	Day 5 - 8 test required	
Unvaccinated Individual Traveler			
7 days restricted to residence	7 days restricted to installation	Day 5 - 6 test required	
Traveling Family			
Vaccinated Travelers	Unvaccinated Travelers	Day 5 - 6 test required	
0 days residence	7 days residence		
10 days on installation	7 days on installation		
Vaccinated Traveler			
Vaccinated Travelers	Household Members		
0 days residence	No ROM		
10 days on installation			
Day 5 - 8 test required			
Unvaccinated Traveler			
Unvaccinated Travelers	Vaccinated Household Members	Unvaccinated Household Members	
7 days residence	No ROM	7 days residence	
7 days on installation		7 days on installation	
Day 5 - 6 test required		no test required (monitor symptoms)	

※ Unvaccinated require negative COVID test to transition to installation ROM.
All require negative COVID test to be released from installation ROM.
※ See the Misawa AB COVID-19 Directive for ROM definitions.
※ Contact your chain of command or the COVID Cell for additional guidance.

Current as of 7 Oct 2021

New Yokota Bus Drop off Location

Starting 8 September 2021 the shuttle drop off location will change to the parking lot south of the old base theatre. See attached map for directions.



Flu Vaccine Lines

See below for details on how, when, and where you can get your flu shot.



Influenza Vaccine Lines



- WHO: ALL US SOFA PERSONNEL
- WHAT: Influenza Vaccine Lines
- WHEN: 28 and 29 Oct @ 0600-1800
- WHERE: Enlisted Club (Fault Line)
- ADDITIONAL INFO:
 - Walk-ins at Immunization Clinic available starting 1 Nov
 - 0730-1600 Mon, Tue, Wed, Fri and 1200-1600 Thu

OPR: Capt Eric Willson
DOE: 30 Oct 2021

Yokota-Misawa Holiday Shuttle Schedule

Yokota-Misawa Holiday Shuttle Schedule

From 29 Nov 2021 to 10 Jan 2022, shuttle(s) will run every Monday and Wednesday to accommodate holiday travel for Misawa AB members

Available Shuttle Dates:	
24 November 21	20 December 21
29 November 21	22 December 21
1 December 21	27 December 21
6 December 21	29 December 21
8 December 21	3 January 22
13 December 21	5 January 22
15 December 21	10 January 22

To make a reservation on the Yokota to Misawa Shuttle, email the 35 FW COVID Cell at 35FW.covidcell@us.af.mil and TSgt John King at john.king.42@us.af.mil with:

1. Name and Rank (include legal names of all members traveling in your group)
2. Sponsor(s) Unit(s)
3. Reason for travel (TDY, Leave, etc)
4. Date Departing Misawa
5. Requested shuttle date

For any questions/concerns, please call our office at 226-2082.

COVID-19 Results Available on TRICARE Online

Patients who have received a COVID-19 test may now view their results through TRICARE Online (TOL). The result will be posted as soon as it is certified.

To see your results, please login in to <https://www.tricareonline.com> or Scan QR code below

-click on the Health Record button

-click on Laboratory Results.



- Follow this link or QR Code to REGISTER/LOGIN
- Select LOGIN (either by CAC or DS Logon)
- If you do not have a TRICARE Online account, click on the "Need an Account" and follow the instructions



28 APRIL 2021

Traveling to Japan from SEATAC



TRAVELING TO JAPAN FROM SEATAC? (or sponsoring someone who is?)



***All travelers must receive a negative COVID test
WITHIN 72-HOURS OF SCHEDULED DEPARTURE
from SEATAC**

Travelers have been denied travel due to their tests being outside 72-hours even if it's only by minutes - **Check your test timestamp!****

* Travelers who do not need a negative COVID test for departure from SEATAC:

- SOFA travelers who are fully vaccinated with proof of vaccination
- SOFA travelers who recovered from COVID-19 within the previous 90 days with official proof of recovery
- SOFA travelers under the age of two (2)

Note: COVID XpresCheck is not open for testing at SEATAC during check-in hours

For more information, please consult the DoD Foreign Clearance Guide (<https://www.fcg.pentagon.mil/>)

** Starting 1 Oct, dependents without a Special Issuance (No-Fee) Passport will be denied boarding with no exceptions

FEATURED STORY: Local Mayors Visit Misawa Air Base

The Misawa Air Base Neighboring Communities’ Liaison Coordination Council visited Misawa Air Base, Japan, Oct. 6, 2021.

The Misawa AB Neighboring Communities’ Liaison Coordination Council, established in 1979, is comprised of mayors from nine municipalities neighboring the base. The purpose of the council is to serve as a bridge between the base and its surrounding communities, while deepening their understanding of Misawa AB.



Read More Here:

<https://www.misawa.af.mil/News/Article-Display/Article/2803658/local-mayors-visit-misawa-air-base/>

Transportation Security Agency (TSA) Airport Passenger Checkpoints- CAC Use By Travelers at Airport Check-In


The TSA system for verifying CAC holder’s bar code information is not working and may prevent air travelers from checking in at airports. Members who plan to travel will need to bring alternative identification with them to the airport, such as an unexpired State Driver’s license, State ID, or Passport. Complete list of acceptable identification is listed at: <https://www.tsa.gov/travel/security-screening/identification>

The DoD is aware of members presenting their Common Access Card (CAC) as an acceptable form of Identity at the TSA airport passenger checkpoints. The Defense Manpower Data Center (DMDC) continues to work with TSA and Department of Homeland Security (DHS) officials, and will provide an update to the DoD/uniformed Services DEERS Project Offices of TSA’s efforts at airport passenger checkpoints.

Commander’s Open Line

Do you have any questions you’d like Misawa Air Base leadership to answer? If so, submit your questions by commenting on the Misawa Air Base Facebook page or message directly.

Questions will be addressed during the next
Commander’s Open Line Radio Show on
21 Oct 2021 at 1630.



MISAWA
AIR BASE

Submit your questions for the ...
**COMMANDER'S
OPEN LINE!**



Inbox or
comment!

Misawa Veedol Beach Closed

(Current as of 30 Sept 21)

The Misawa Veedol beach will be closed for camping/BBQs until next season (Misawa Veedol beach normally opens from mid-July to early September). You can walk around the beach, but please ensure to refrain from littering garbage.

Misawa City Public Facilities Reopened.

Effective Friday, 1 October, all Misawa City public facilities are reopened and all restrictions for use of parks in Misawa City have been lifted.

Interpersonal Violence Victims’ Legal Services Pilot Program

From **1 August 2021 – 31 October 2021**, individuals stationed at Misawa AB and Yokota AB who believe they may be victims of interpersonal violence may contact the Yokota Special Victims’ Counsel office at **DSN 225-8880** to schedule an appointment for confidential legal assistance.

From **1 August 2021 – 31 October 2021**, all Special Victims’ Counsel will be participating in the Air Force Test Pilot Program to offer expanded services to victims of interpersonal violence. Capt Joline Combs, Special Victims' Counsel, will be offering legal assistance to interested victims at Misawa and Yokota. For those at Misawa, Capt Combs can do these appointments telephonically, or via apps such as FaceTime video or Zoom.

The purpose of the three-month pilot program is to gauge the need for Special Victims' Counsel Services outside of those already provided to victims of domestic violence and sexual assault.

**AIR & SPACE FORCE
SPECIAL VICTIMS’ COUNSEL**

Providing support to Yokota and Misawa



INTERPERSONAL VIOLENCE VICTIMS’ LEGAL SERVICES PILOT PROGRAM

- **INTERPERSONAL VIOLENCE (IPV) VICTIMS ARE VICTIMS OF:**
 - DATING VIOLENCE
 - FAMILY VIOLENCE
 - WORKPLACE VIOLENCE
- **WHAT SVCs CAN DO FOR IPV VICTIMS:**
 - PROVIDE CONFIDENTIAL LEGAL ADVICE
 - EDUCATE YOU ON YOUR RIGHTS AS A CRIME VICTIM
 - PROVIDE INFORMATION & REFERRALS TO VICTIMS’ SUPPORT SERVICES
- CONTACT YOUR LOCAL SVC OFFICE TO SCHEDULE A CONSULTATION
- **WHAT SVCs DO FOR SEXUAL ASSAULT AND DOMESTIC VIOLENCE VICTIMS:**
 - PROVIDE CONFIDENTIAL LEGAL ADVICE
 - PROTECT YOUR RIGHTS AND PRIVACY INTERESTS
 - ADVOCATE YOUR VOICE & CHOICE
 - ADVISE YOU ON THE INVESTIGATION AND PROSECUTION PROCESS
 - REPRESENT YOU IN INTERVIEWS, HEARINGS, AND MILITARY TRIALS
- CONTACT YOUR LOCAL SVC, SARC, FAP, VWAP COORDINATOR OR LEGAL OFFICE TO REQUEST AN SVC*

* RESTRICTED REPORTS: GO TO THE SVC, SARC, VICTIM ADVOCATE, CHAPLAIN, OR HEALTH CARE PROVIDER TO ENSURE THE REPORT REMAINS RESTRICTED



CAPT JOLINE DOEDENS COMBS
SPECIAL VICTIMS’ COUNSEL



SSGT LAUREN SHEERAN
SPECIAL VICTIMS’ PARALEGAL

YOKOTA AB SVC OFFICE
WESTSIDE, BLDG. 1297
(NEXT TO THE BOWLING ALLEY)
DSN: 225-8880



**WILD WEASEL
WEEKLY WRAP-UP**

35th Medical Group Closure—Training

Please see the slide below for more details.



35th Medical Group Closure – Training

- **CLOSED: Friday – October 22 @ 1200**
 - Outpatient and Dental Clinics
- **OPEN 24/7:**
 - Urgent Care Clinic, Labor & Delivery, and Inpatient Units

35th Medical Group, Misawa AB, Japan

Emergencies: 911 (from base phone) 119 or 0176-53-1911 (from JP cell)	For Online Appointment Booking/Medication Refills/Lab Results/ Secure Messaging: https://www.tricareonline.com/to2/prelogin/desktopindex.xhtml (QR code below)
Nurse Advice Line: 0120-99-6985 (from JP cell) 011-888-901-7144 (from US cell) 99-0011-888-901-7144 (from base phone)	For closures or changes in service follow us on Facebook: AFMS 35th Medical Group Misawa
Medical Appointment Line: 226-6111 Hours 7:00 am – 4:00 pm	Official Website: misawa.tricare.mil
Dental Appointment Line: 226-6700 Hours 7:30 am – 4:30 pm	How to dial clinic numbers: *From JP cell: 0176-77 + last 4 of telephone number *From US Cell: 011-81-176-77 + last 4 of telephone number *From base phone to US commercial: 99-0011 + area code + 7-digit telephone number
Flight/Navy Medicine: 226-6133 Hours 7:30 am – 4:30 pm	Outpatients services hours, to include radiology, lab and pharmacy: Monday, Tuesday, Wednesday, and Friday: 7:30 am – 4:30 pm Thursday: 9:00 am – 4:30 pm
Pharmacy Refills: 226-6194 Available 24 hours a day	

OPR: Capt Eric Willson

Display until 23 Oct 21

Steam and Domestic Hot Water Outage

Connection of Cogeneration Plant requires shut down of all boilers at the Central Boiler Plant, B465. All industrial facilities, towers, and dorms located on Main Base will lose hot water and heat from **2300, 30 Oct to 0700, 31 Oct**. Please see the following slide.

Base Trick-or-Treat Update

We are happy to announce, Misawa Air Base will have base-wide trick-or-treating on Saturday evening, October 30th from 5-8 p.m. Unfortunately the off base Misawa City Halloween Festival on October 23rd was cancelled. Don't forget to practice social distancing and other COVID mitigation measures so we can continue to keep a safe and healthy community.



Steam & Domestic Hot Water Outage



Date: 30 Oct 21
Time: 23:00 – 07:00 (8hr)

- **Affected Facilities:** All Industrial facilities, Towers, and dorms, located on Main Base
- **Background:** Connection of Cogeneration Plant requires shut down of all boilers at the Central Boiler Plant, B465



People - Mission - Security

1

Misawa Air Base

Trick
or
Treat

October 30 | 5-8pm



Base-wide!

We thank you for practicing social distancing and other COVID mitigation measures!

Combined Federal Campaign (CFC) Virtual Kickoff

Since the establishment of the Combined Federal Campaign (CFC) by President Kennedy in 1961, we’ve come a long way. Generous federal employees have come together to support causes important to them by raising over \$8.5 billion in pledges to local, national, and international charities over the last 60 years. To mark this achievement, it is our pleasure to announce the 2021 CFC and our support to the historic, world-changing campaign – starting with our Virtual Kickoff on 20 September 2021.

Virtual Kick-Off: September 20 – October 18, 2021
Paper Kick-Off: October 18 – January 15, 2022

Your unit CFC Keyworkers will be reaching out to you. Be on the lookout for other ways to give back this year – whether it’s through giving, volunteering, or engaging at events, sharing your story, or thanking our charities. You can learn more and get started on your Change-maker journey at: GiveCFC.org.

Misawa CFC Community Area Project Officers (CAPOs):
Capt Rafael Dy and Capt Joshua Hager



HOW THE CFC WORKS

FOR DONORS

Federal employees and retirees represent a strong, caring community through the CFC, dedicated to making a difference for those in need. Overseen by the Office of Personnel Management, the CFC offers the federal community the opportunity to donate to thousands of participating charities.

Here’s how it works:

- 

1 CHOOSE YOUR CAUSE

Whether you care about finding cures for diseases, supporting military families, or promoting equality for all, the CFC has vetted charities for any cause you want to support. You can even give to multiple charities with one pledge.
- 

2 MAKE YOUR PLEDGE

Our favorite giving option, the online pledge portal, allows you to easily renew your pledge each year and offers the full range of pledge options:

 - Payroll deduction (the most popular!)
 - Credit/debit card
 - E-check/bank transfer
 - Volunteer hours (federal employees only)

Other options include the CFC Giving Mobile App and paper pledge forms.
- 

3 CHANGE THE WORLD

Thanks to your generosity, CFC charities will make a difference in our local communities, across the nation, and around the world.



DONATE TODAY AT GIVECFC.ORG

HOSTED BY THE U.S. OFFICE OF PERSONNEL MANAGEMENT

October 2021 Domestic Violence Awareness Month

United to End Domestic Violence

Time: Thursday 21 and Friday 29 October from 0800-0900 each day

Tune in to weekly AFN Interviews with Misawa community helping professionals

People and Pets for Violence Prevention Outreach Table

Time: Saturday, 16 October, 1000-1700
Location: Building 1366

Domestic violence impacts families, friends, co-workers, colleagues, and furry friends, too! Purple ribbons for people and purple scarves for pets - until supplies last!

“How to Support Loved Ones Who Are in Abusive Relationships” Lunch & Learn Workshop

Time: Wednesday, 20 October, 1200-1300
Location: Safety Classroom #117, HQs building #507, presented Mr. David Powell, Jr., LCSW, Family Advocacy Program

Pizza provided! Sign up no later than Monday, 18 October by calling or emailing Mrs. James, tel 226-3513, suzanne.james@us.af.mil

Purple Thursday Outreach Table

Time: Thursday, 21 October, 1100-1300
Location: BX Lobby

Show your support for domestic violence prevention by wearing purple!

Stop by to pick up need-to-know information, plus purple ribbons for yourself, friends, family, and colleagues.

Community Awareness & Education

Traveling vertical banners in high traffic areas (“Is Your Relationship Healthy?”, “This is Not Love”) throughout October

For more information, please contact Suzanne James, Violence Prevention, DSN 226-3513 or email: suzanne.james@us.af.mil

Annual Sexual Assault Prevention and Response (SAPR) Training opportunities

Annual SAPR trainings (**mandatory for all AD and GS and due by 31 December**) will now be offered at the Professional Development Center on **18 and 25 October at 1300**. Use the link below to sign up for a class.

Signup genius link: <https://www.signupgenius.com/go/60B0C44AFA62EA5F94-sapr1>

National Disability Employment Awareness Month

Did you know that October is National Disability Employment Awareness Month? To learn more and get information on how you can educate your unit, see the link on the poster.




13th FSS Trunk-or-Treat


TRUNK PARTICIPANTS NEEDED! REGISTER TO DECORATE YOUR VEHICLE IN A SPOOKY OR FUN HALLOWEEN THEME WHILE HANDING OUT CANDY TO THE COMMUNITY. BEST DECORATED TRUNKS HAVE A CHANCE TO WIN A THRILLING PRIZE!

PLEASE REGISTER BY WEDNESDAY, OCT. 20.

Participants must provide their own candy. Set-up will begin at 2 p.m. Saturday, Oct. 23. If you have any questions about the event please contact the Administration Office at 226-9128. Registration link: <https://35fss.com/trunk-or-treat>

SATURDAY,
OCT. 23
4-7 P.M.
BX PARKING LOT






TRUNK
PARTICIPANTS
NEEDED!
SIGN UP AT
35FSS.COM

Upcoming School Advisory Council (SAC) Meetings


All SAC meetings are open to the public. See below for more details.

Winter Safety Awareness Briefing

The Winter Safety Awareness Event is a mass briefing conducted by 35 FW/SE and Naval Air Station Misawa to educate per-



EDGREN SCHOOL ADVISORY
COUNCIL (SAC)



What does the SAC address?

YES

- School policies & administrative procedures
- Instructional programs
- Allocation of resources
- Student standards of conduct
- Base-related topics that impact students

NO

- Personnel practices or policies
- Compensation
- Employee grievances
- Internal management of DoDEA
- Fund Raising

ALL SAC MEETINGS ARE OPEN TO THE PUBLIC!

If you have topics you would like to be seen addressed in the SAC Meetings, please send agenda topics to the email below.

SAVE THE DATES

October 20th
December 15th
February 16th
May 18th

All meetings are from
3:30 - 4:30pm in the
Edgren MHS IC/library

Agenda topics must be submitted no later than:

- October 10th
- December 5th
- February 6th
- May 8th

edgrensac@gmail.com

Readiness – Teamwork – Community - Leadership

Winter Awareness Briefing

WHO: 35 FW Airmen who have not previously attended

WHEN: 5 November

WHERE: Hangar 949

TIMES: - 0830-1030
- 1030-1230
- 1230-1430
- 1430-1630



Dependents, DAFC, DoDDS and other tenant units highly encouraged to attend.

Readiness – Teamwork – Community - Leadership



AF Family Suicide Prevention Training

The Air Force has developed a new suicide prevention training for spouses of Airmen of all ranks and grades called “Equipping Family Members to Help Airmen in Distress.”

This video training, supplemented with a discussion guide and handouts, is designed to be shown to a single viewer or, this training can be used in a small group discussion format. The length of this training is approximately 60-90 minutes and discussion topics include: Distress and Warning Signs, Intervention, Time-Based Prevention, Resources and Follow Up, and Being Proactive.

If a unit or squadron would like to offer this training to spouses in a small group discussion format, please contact Mrs. Suzanne James at DSN 226-3513, or email suzanne.james@us.af.mil, to facilitate this training. Individual family members can also take this training online using the following link: <https://www.resilience.af.mil/Programs/Equipping-Families/>.

TO LEARN HOW TO PROVIDE THE SUPPORT YOUR AIRMEN AND SPACE PROFESSIONALS NEED, GO TO

www.resilience.af.mil/Programs/Equipping-Families
Equipping Families to Help Airmen in Distress

YOU

ARE YOUR AIRMAN'S GREATEST SUPPORT

LOVED ONES

CHILDREN

SIBLINGS

PARENTS

FAMILIES

SPOUSES

Military Crisis Line
1-800-273-8255 PRESS 4

MILITARY ONE SOURCE
www.militaryonesource.mil

DAF RESILIENCE
www.resilience.af.mil

AtHoc Registration Instruction

Please use the following information to register for AtHoc. Please note that dependents’ numbers can be registered in AtHoc as well via their sponsor.

Readiness – Teamwork – Community- Leadership

AtHoc Registration

- AtHoc is the installation’s Emergency Mass Notification System
- AFMAN 10-206 18 June 2018
 - 8.14.2. It is **mandatory for all military, civilians personnel, and contact support personnel** whose normal place of duty is on a DoD installation or within a DoD facility to provide an after-hours contact number or personal email.
 - Local National and NAF employee participation is VOLUNTARY**
- The FW/CC may direct the installation Command Post to send out mass scenarios asking personnel to check their contact info (phone number & email) and update accordingly
- Scenarios targeting specific individuals is also an option

☒ **Input your current contact info & “Assigned Unit”**

☐ Add “AtHoc Update” to unit inprocessing & out-processing checklists

Readiness – Teamwork – Community- Leadership

Readiness – Teamwork – Community- Leadership

Have You Updated AtHoc?

- Get all Misawa Emergency Notifications through phone, text, and email.
- Click the “Purple Globe” on your desktop and “Update My Info”
- Download the “BlackBerry AtHoc” Mobile App to get notifications sent to all your Mobile Devices
- Org Code: RJSM

Readiness – Teamwork – Community- Leadership

Readiness – Teamwork – Community- Leadership

Download the “AtHoc Notifier” App

- Get all Misawa Emergency Notifications sent to your mobile device
- Available on iOS and Android devices
- Ensure dependents receive notifications by installing on their mobile devices

Readiness – Teamwork – Community- Leadership

